

# Spirit Lake Tribal Health

*Ardell Blueshield, Tribal Health Director*

January 31, 2018

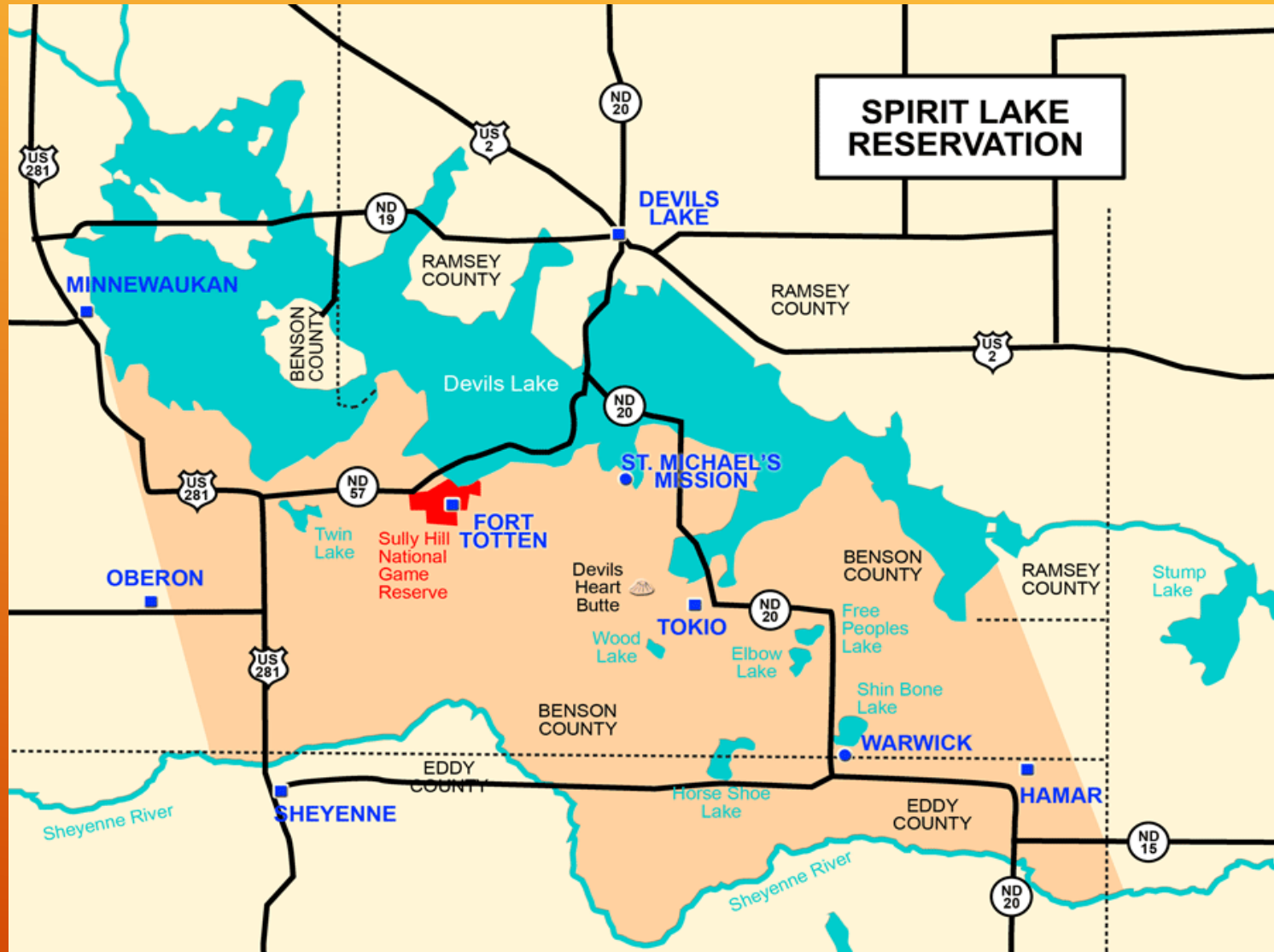


# Welcome to Spirit Lake Nation



**Wicicina**  
**(Little Dakota Girl)**

# The Spirit Lake Nation



# Spirit Lake Nation

Dakota Chiefs of Spirit Lake with Standing Buffalo, 1876



# Spirit Lake Tribal Health Community Health Services Spirit Lake Tribal Council Administrative Building



# **The History Of Spirit Lake Tribal Health Community Health Services**

- ✓ Spirit Lake Tribal Community Health Services started in the mid 1970's with the start of the WIC Program in 1973
- ✓ PL 93-638 Self-Determination Act - 1995 to 2016
- ✓ The majority of the SLTH Programs are funded by Indian Health Service, Federal and State Grants
- ✓ In June of 2016, under the direction of the Spirit Lake Tribal Chairperson, Myra Pearson, Tribal Council Representative Kenny Baker Jr. and Project Manager, Ardell Blueshield, Self Governance was established including Spirit Lake Tribal Health & Spirit Lake Health Center
- ✓ Sustainment, building local capacity with 3rd Party Billing

# Self Governance

- ✓ Self Governance gives the Oyate of the Spirit Lake Nation the Authority over their own Healthcare Funding & how it will be allocated from a Community needs perspective



# Self Governance

- ✓ This is in the form of a Master Contract which gives the Spirit Lake Nation the Power to allocate these federal monies in Providing High Quality Health Care to the Spirit Lake Nation.






# **Spirit Lake Tribal Health (SLTH) Programs**

- ✓ Dakota Health & Wellness Transportation
  - ✓ Public Health Nursing (PHN)
  - ✓ Community Health Nurse (CHN)
  - ✓ Community Health Representatives (CHR)
  - ✓ Health Education
  - ✓ Recovery & Wellness
  - ✓ Emergency Medical Services (EMS)
  - ✓ Office of Environmental Health
- 


# SLTH Grant Programs

- ✓ Community Development Block Grant (CDBG)
- ✓ Special Diabetes Program - Sacred Life
- ✓ GPTCHB Sexually Transmitted Infection/Teen Pregnancy Prevention Initiative (STITPPI)
- ✓ North Dakota Tobacco Prevention Grant
- ✓ North Dakota Alcohol and Drug Prevention Grant
- ✓ Native Connections Suicide Prevention Grant
- ✓ National Indian Health Board (NIHB) Tribal Accreditation Support Initiative Grant
- ✓ GPTCHB Colorectal Cancer Prevention Grant

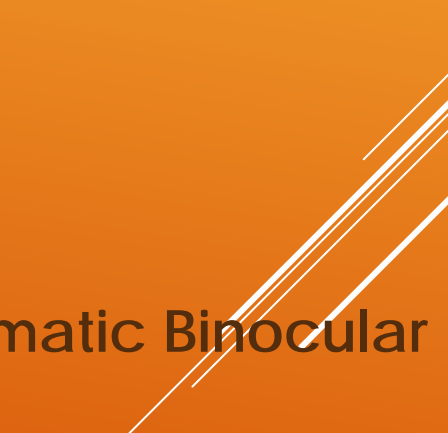
# SLTH Local Partnerships

- ✓ WIC - Spirit Lake Tribe/North Dakota
  - ✓ Spirit Lake Health Center
  - ✓ Spirit Lake Tribe Senior Services Program
  - ✓ Cankdeska Cikana Community College
  - ✓ Methamphetamine & Suicide Prevention Initiative (MSPI) Grant
  - ✓ Early Childhood Tracking - Health Tracks, Early Education
  - ✓ GPTCHB Healthy Start Program
  - ✓ Sacred Beginnings
  - ✓ Spirit Lake Tribal Fish & Wildlife
  - ✓ Elder's Day Out
  - ✓ Spirit Lake Nation - Wellness Centers in each of the 4 Districts
- 

# **SLTH State & Federal Partnerships**

- ✓ North Dakota Department of Health & Human Services
  - ✓ Centers for Disease Control
  - ✓ North Dakota Cancer Center
  - ✓ Women's Way - Cancer prevention
  - ✓ Department of Defense (DOD)
  - ✓ Bureau of Indian Affairs (BIA) Social Services, Child Protection
  - ✓ Fort Totten BIA Correctional Facility
  - ✓ University of North Dakota (UND)
- 

# **Spirit Lake Tribal Health Non-Profit Partnerships**


- ✓ National Indian Health Board (NIHB)
  - ✓ Great Plains Tribal Chairman's Board (GPTCHB)
  - ✓ Running Strong (Billie Mills)
  - ✓ Operation Walking Shield (Marvin Thurmon)
  - ✓ One Sight Program
  - ✓ Strong Heart Study
  - ✓ New Rockford Lion's Club Plusoptix 12, automatic Binocular Screening
- 

# SLTH Community Events

Monthly Community Health Events are planned by the Spirit Lake Tribal Health Employees under Ardell Blueshield's guidance. An Events Coordinator was hired recently to monitor the coordination of these Health Events. The theme is based on the community needs identified through Community meetings, the Tribal Council, the Tribal Health Board reports and data gathered from RPMS and the Cankdeska Cikana Community College Comprehensive Community Assessment, as well as, National Days Recognizing specific disease or illness awareness and prevention.

# **SLTH Community Events**

## **Prevention**

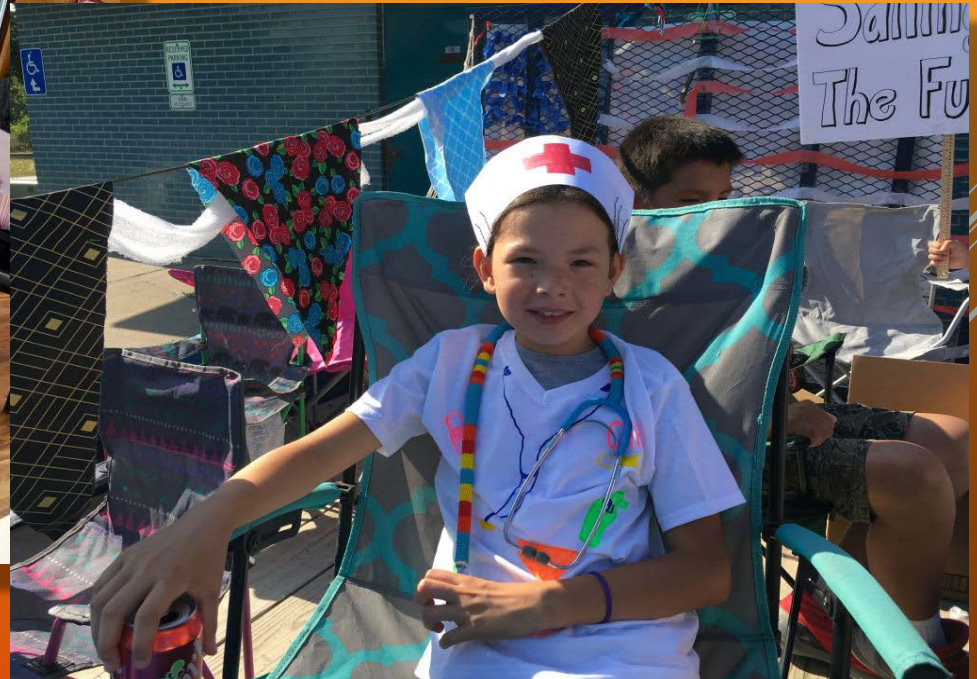
- ✓ High Blood Pressure
  - ✓ Diabetes
  - ✓ Cancer
  - ✓ Suicide
  - ✓ Methamphetamine & Suicide
  - ✓ Drugs and Alcohol
  - ✓ Tobacco (non-traditional)
  - ✓ Stroke
  - ✓ Heart Attack
  - ✓ Newborns Addicted to Meth or Narcotics
- 
- A decorative graphic consisting of several parallel white lines of varying lengths, slanted diagonally from the bottom right towards the top right, located in the lower right quadrant of the slide.

# SLTH Community Events

## Prevention

✓ PHN & CHR Staff

**High Blood Pressure Screenings**





# SLTH Community Events

## Prevention

✓ Diabetes Prevention & Management



**Special  
Diabetes  
Program  
Sacred Life  
Center  
Grand  
Opening**

# Sacred Life Center Grand Opening



# SLTH Community Events

## Prevention

✓ Diabetes Prevention & Management

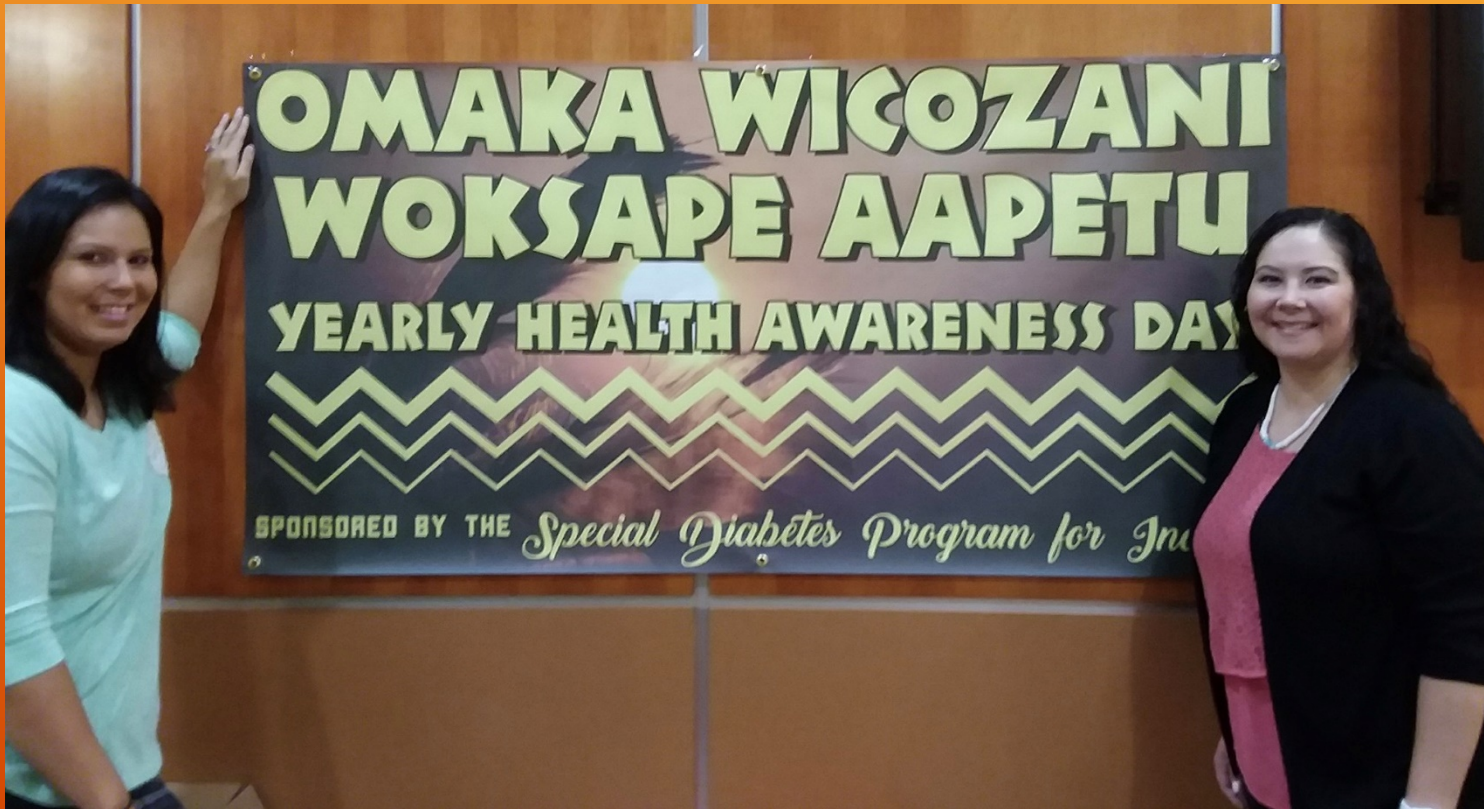


Sacred  
Life  
Fitness  
Center

# SLTH Community Events Prevention

✓ Diabetes Awareness Day

Diabetes Awareness  
Day



# SLTH Community Events

## Prevention

✓ Cancer Prevention

Cancer  
Awareness  
Day



Local Drum Group



Give Colon Cancer The Boot!



The Rollin Colon

# SLTH Community Events

## Prevention

- ✓ Native Connections Suicide Education Prevention Grant



**Suicide Prevention  
Awareness  
Walk through  
Native  
Connections**

# SLTH Community Events

## Prevention

✓ Drugs and Alcohol Prevention Grant Staff

**March  
Against  
Meth**



# SLTH Community Events

## Prevention

### Suicide Coalition established

- ✓ Native Connections Suicide Education Prevention Staff
- ✓ North Dakota Alcohol and Drug Prevention Staff
- ✓ Methamphetamine & Suicide Prevention Initiative (MSPI)
- ✓ Spirit Lake Health Center Behavioral Health Staff
- ✓ Spirit Lake Tribal Health Recovery & Wellness
- ✓ Spirit Lake Police Department
- ✓ Emergency Management Services (EMS)



Contact the

Crisis Text Line

by texting → **TALK**

to → **741741**

1-800-273-8255 (TALK) or 911



# SLTH Community Events

## Prevention

✓ Tobacco Prevention Grant (non-traditional)




Walk in Beauty

**Tobacco  
Prevention  
Awareness  
Walk**

# **SLTH Community Events**

## **Culture & Education**

- ✓ Summer Oyate Youth Camp
  - ✓ Motivational Speakers
  - ✓ Annual Sacred Beginnings Prayer Service
  - ✓ Military Veterans Day Honoring our Warriors
  - ✓ Drum Groups
  - ✓ Moccasin Making Recovery & Wellness
- 
- A decorative graphic consisting of several parallel white lines of varying lengths, slanted diagonally from the bottom right towards the top right, located in the lower right corner of the slide.

# SLTH Community Events

## Culture & Education

✓ Summer Youth Camps



**Spirit Lake  
Nation  
Summer  
Youth  
Camp**

# SLTH Community Events

## Culture & Education

✓ Summer Youth Camps

## Ribbon Skirts



# SLTH Community Events

## Culture & Education

- ✓ Summer Youth Camps



*Don't Be a Bully  
Be a Friend*



# SLTH Community Events

## Culture & Education

✓ Summer Youth Camps



# SLTH Community Events

## Culture & Education

✓ Summer Youth Camps



Hominy Soup &  
Drying Corn  
Classes

# SLTH Community Events

## Culture & Education

✓ Summer Youth Camps



## Hominy Soup





# SLTH Community Events

## Culture & Education

✓ Summer Youth Camps



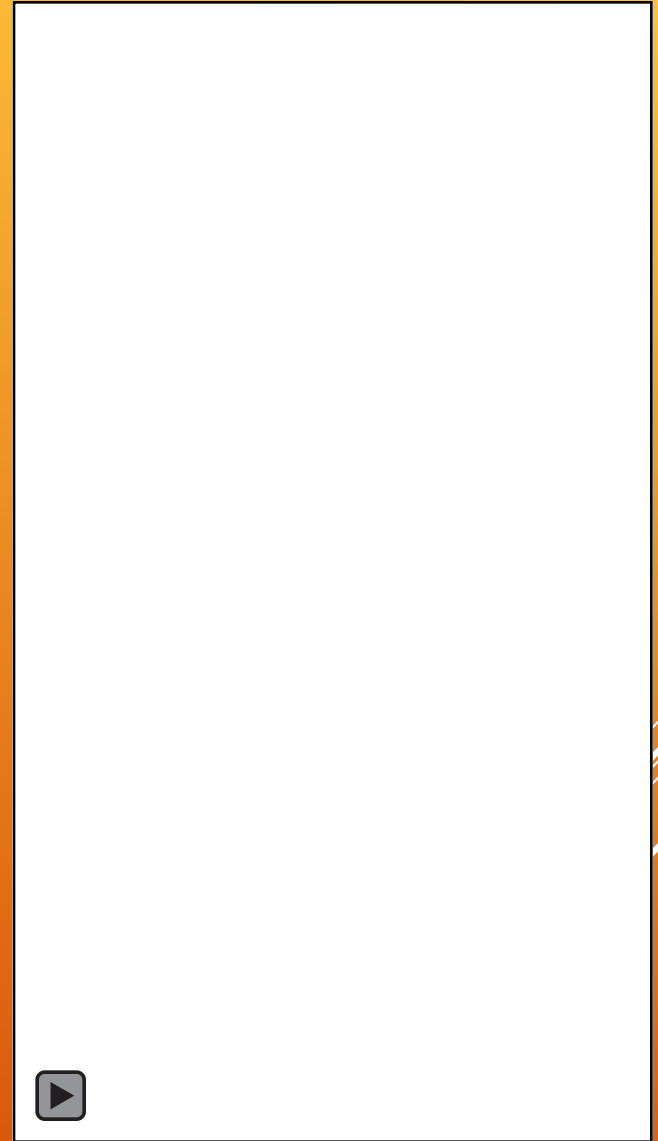
# Archery

# SLTH Community Events

✓ Summer Youth Camps

## Cultural Classes

Archery Classes @  
the Spirit Lake Fish &  
Wildlife Department



# SLTH Community Events

## Culture & Education

✓ Motivational Speakers



2<sup>nd</sup> Annual New  
Beginnings  
Prayer & Healing  
Service

# SLTH Community Events

## Culture & Education

✓ Motivational Speaker - Jackie Byrd



# SLTH Community Events

## Culture & Education

✓ Motivational Speaker - Michael Spears



# SLTH Community Events

## Culture & Education

✓ Motivational Speaker - Michael Spears



# SLTH Community Events

## Culture & Education

- ✓ Spirit Lake Nation Veterans - Honoring Our Warriors who Served in the Military



# SLTH Community Events

## Culture & Education

✓ Honoring Our Spirit Lake Veterans November 11





# SLTH Community Events

## Partnerships

- ✓ Running Strong (Billie Mills) Coats, Boots & Hats
  - ✓ Operation Walking Shield DOD One Sight
  - ✓ Spirit Lake Days and 50<sup>th</sup> Annual PowWow
- 

# SLTH Community Events

## Partnerships

- ✓ Running Strong (Billie Mills) Coats, Boots & Hats



**Baby it's  
Cold  
Outside!**

# SLTH Community Events

## Partnerships

- ✓ Running Strong (Billie Mills) Coats, Boots & Hats



# SLTH Community Events

## Partnerships

- ✓ Running Strong (Billie Mills) Coats, Boots & Hats



# SLTH Community Events

## Partnerships

- ✓ Operation Walking Shield One Sight Program



# SLTH Community Events

## Partnerships

- ✓ Operation Walking Shield One Sight Program



# SLTH Community Events

## Dakota Dancers

✓ Dancing for One Sight Team



# SLTH Community Events

## Dakota Dancers

✓ Operation Walking Shield/One Sight Program





# SLTH Community Events

## Partnerships

✓ Fort Totten Days POW WOW Wacipi



# SLTH Community Events

## Partnerships

✓ Fort Totten Days POW WOW Wacipi



# Spirit Lake Tribal Health

## Sustainment & Building Local Capacity through 3rd Party Billing & Revenue

- ✓ Dakota Health & Wellness Transportation Billing NDMA & Sanford
- ✓ Emergency Management Services (EMS) Contract Billing
- ✓ Community Health Representatives (CHR) Billing Pending NDMA
- ✓ Public Health Nursing (PHN) Billing Pending NDMA

Ardell hired Linda  
Peltier, an  
Experienced

**BILLER** in 2016



**SuperBiller**

# Spirit Lake Tribal Health

## Sustainment & Building Local Capacity through 3rd Party Billing & Revenue

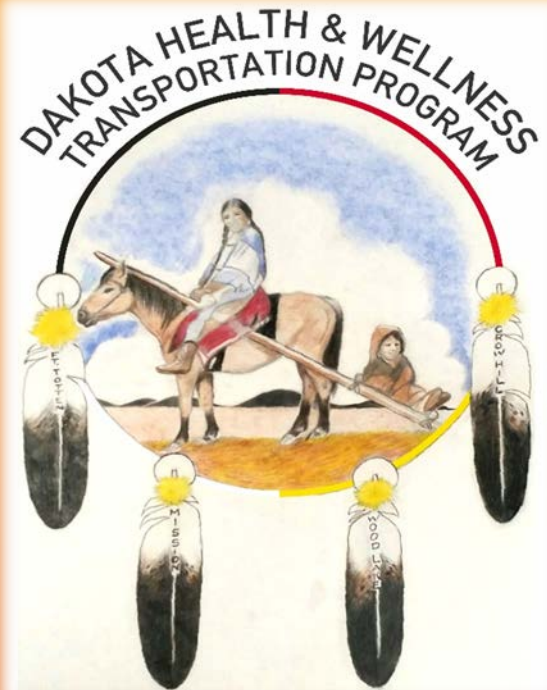
DAKOTA Health & Wellness

# TRANSPORTATION

Program

NDMA & Sanford Expanded

September 2016



# Spirit Lake Tribal Health

Sustainment & Building Local Capacity  
through 3rd Party Billing & Revenue

Emergency  
Management Services

# Ambulance

Program



Transitioning  
from Contract  
to Local  
Capacity  
Billing

# Spirit Lake Tribal Health

Sustainment & Building Local Capacity  
through 3rd Party Billing & Revenue

Community Health  
Representatives & PHN's

**CHR Targeted**

Case Management



NDMA  
Pending

# Spirit Lake Tribal Health

Sustainment & Building Local Capacity  
through 3rd Party Billing & Revenue

Public Health Nurses

**Immunizations**

NDMA



NDMA  
Pending

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# Websites

Community Development Block Grant

<http://www.usagrantsapplications.org/v4/4b-2.php?tc=ya&msclkid=d8284ead45151050565914fa9a797040>

GPTCHB (STITPPI) Sexual Transmitted Infection/Teen Pregnancy Prevention Initiative

<http://gptchb.org/>

<http://www.nihb.org/> National Indian Health Board. Tribal Accreditation Support Initiative Grant

<http://www.littlehoop.edu/> Cankdeska Cikana Community College

<http://indianyouth.org/> running strong

<https://onesight.org/> one sight Program

# Tatanka (Bison)



# Anpetu Wast'e Ye/do (Have a Good Day)



# Thank You For Visiting Spirit Lake Nation

Thank You for  
Visiting  
Spirit Lake Nation

Shenandoah River

