



# **SISSETON WAHPETON OYATE OF THE LAKE TRAVERSE RESERVATION**

**Ulysses U.K. Abraham Elder Nutrition Program**

**RON REDDAY, PROGRAM DIRECTOR  
SWO-TRIBAL SECRETARY, MYRNA THOMPSON**



# **PROGRAM GOALS**

- **Ensure all Home Bound participants are well take care of and not just a number**
- **Set up more activities both Educational & Recreational for Home Bound participants**
- **Get more information out/accessible to all clients to help rectify any problems that may present itself.**





# Activities when not In a Pandemic

- **Picnic, Horseshoes, Music**
- **Bingo**
- **Quarterly/Holiday Community meals**



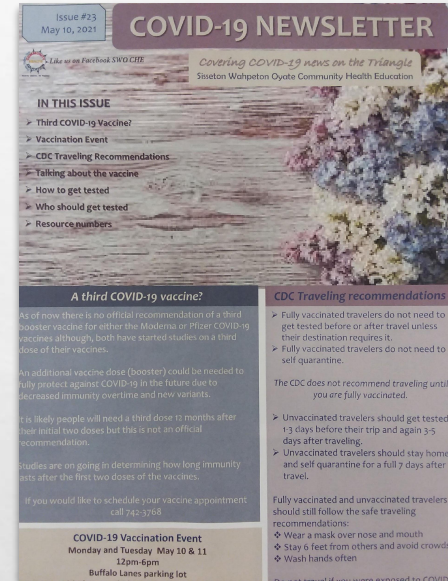
# Helping Our Elders

- **Food Boxes**
- **Self-Care Items**
- **Cleaning Items**



# Information Distribution

- **Weekly Hand Outs**
- **Diabetes/Sugar Control**
- **Dealing with Isolation/Stress**



# **Working In Conjunction With**

- **SWO Tribal Executives**
- **Delbert Hopkins Jr., Tribal Chairman**
- **Lisa Jackson, Tribal Vice-Chair**
- **Myrna Thompson, Tribal Secretary**



# **Working In Conjunction With**

- **SWO-Programs**
- **Indian Health Service**
- **South Dakota Dept. of Human Services**
- **Title VI, CSBG**



# **CONTACT INFORMATION**

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